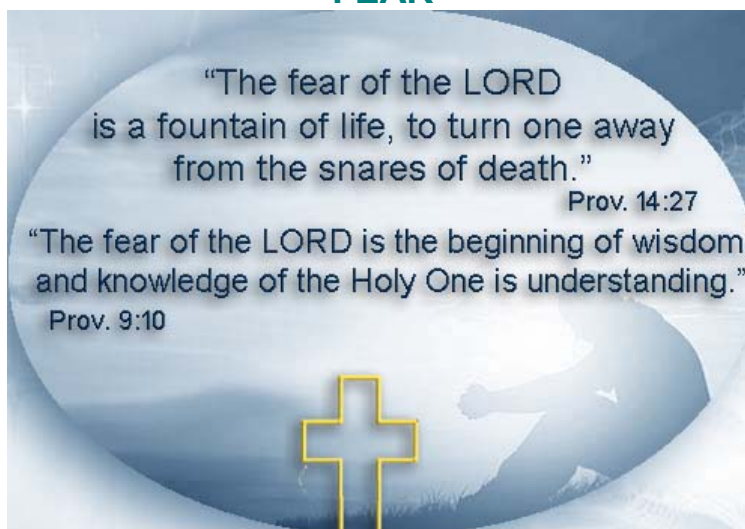


## FEAR

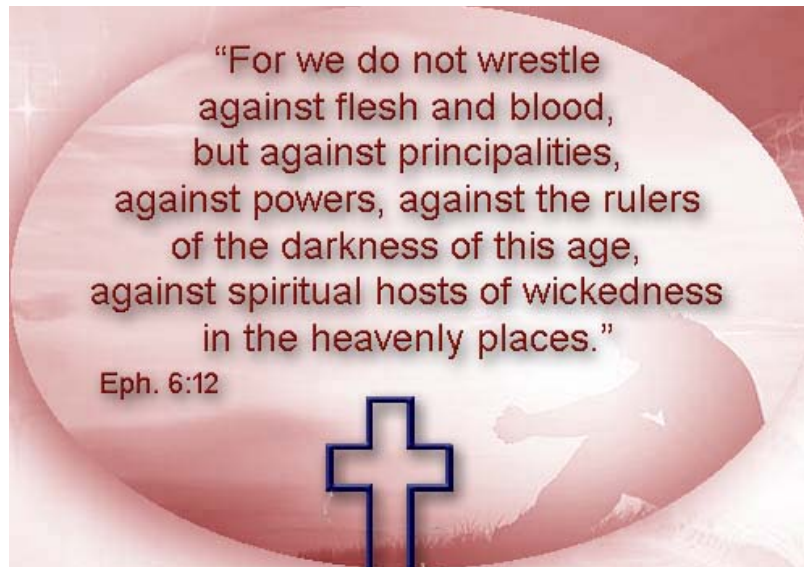


Fear is an emotion that we all experience throughout life, whether real or imagined. It is a part of who we are, and is triggered and acts as a warning to protect us against risks of suffering harm. While fear can save our life in warning us against danger, it can also be imagined, the result of lack of knowledge.

Scripture tells us that the fear of the Lord is the beginning of wisdom. What does it mean to fear God and how does it bring wisdom? In John 3:16, Jesus said, “For God so loved the world...” Then why should we fear the One that says He loves us? Does a child fear his parents when he considers doing something he was warned against? Aren't laws enacted to bring fear of the consequence of breaking them? Obviously, we understand that healthy fear warns us that foolish actions will bring corresponding penalties.

Therefore, fearing God comes from the knowledge of His laws written on our hearts, and as His children who love God, we use His wisdom in making life's choices. However, ignorance of the law is no excuse, and whether one has any fear of God or not, we are nonetheless all subject to God's laws and its consequences. So, fearing God is definitely a warning as well as the source of wisdom for life.

You may reproduce part of the content of this website for non-commercial purposes only. May not be reproduced or featured on any other websites without permission of “Christ At The Helm” author. For additional information or to obtain permissions, contact: [christatthehelm1@gmail.com](mailto:christatthehelm1@gmail.com)



It is obvious that on the spiritual level, we are constantly attacked in our faith by Satan and his fallen angels. Those attacks directed at us produce lust of the flesh, lust of the eyes, pride of life, all the things that the world lives by and flaunts with a passion. As a result, people without God are easily attracted to the world's temptations, and sometimes even believers, not grounded in the Word of God, succumb to worldly temptations, even fear to affirm their belief in Christ and to be rejected by the world around them.

That's why we must be joined to Christ and seek knowledge of His Word, as 1 Peter 5:8 says, "Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour." Proverbs 29:25 adds, "The fear of man brings a snare, but whoever trusts in the LORD shall be safe."

What's the antidote to rejecting man's fear? First, knowing Christ, His Word, and to "Trust in the LORD with all your heart and do not lean on your own understanding. In all your ways acknowledge Him, and He shall direct your paths." Prov. 3:5-6. What generates trust in the Lord? "There is no fear in love; but perfect love casts out fear. But he who fears has not been made perfect in love." 1 John 4:18.

You may reproduce part of the content of this website for non-commercial purposes only. May not be reproduced or featured on any other websites without permission of "Christ At The Helm" author. For additional information or to obtain permissions, contact: [christatthehelm1@gmail.com](mailto:christatthehelm1@gmail.com)

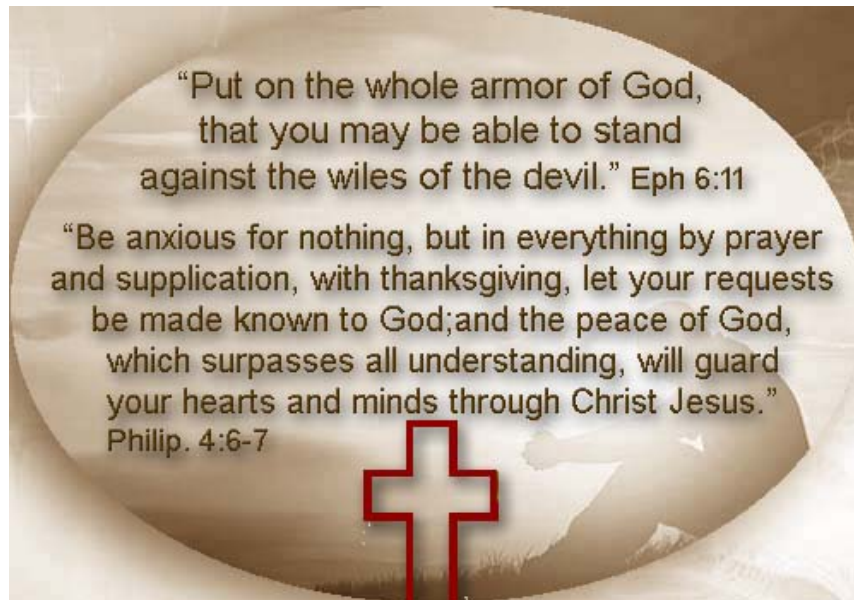


As believers, should we fear the world, fear of being rejected, even persecuted? The featured scriptures tell us that the Spirit of God in us represents the very power of God through us, to sustain us from every attacks of the enemy. In Matthew 6:25 Jesus said, “Therefore I say to you, do not worry about your life.”

As in the story in Matthew 8, when Jesus and the disciples were crossing the lake by boat, do we sometimes fear and ask God to wake up to our plight, just as the disciples did when a storm came up? After Jesus calmed the seas He said, “Why are you so fearful, O you of little faith?” As believers, we must walk by faith and not by sight. That’s why David said in Psalm 27:1, “The LORD *is* my light and my salvation; whom shall I fear? The LORD *is* the strength of my life; of whom shall I be afraid?”

Is a child afraid when his father holds him in his arms? On the contrary he trusts his father will protect him, just as God does for us. Does that mean we will never have trials in life? We all know that life brings challenges because of our faith. However, we should never forget that God is with those who trust Him, and as the prophet Isaiah said, “But those who wait on the LORD shall renew *their* strength.” Is. 40:31.

You may reproduce part of the content of this website for non-commercial purposes only. May not be reproduced or featured on any other websites without permission of “Christ At The Helm” author. For additional information or to obtain permissions, contact: [christatthehelm1@gmail.com](mailto:christatthehelm1@gmail.com)

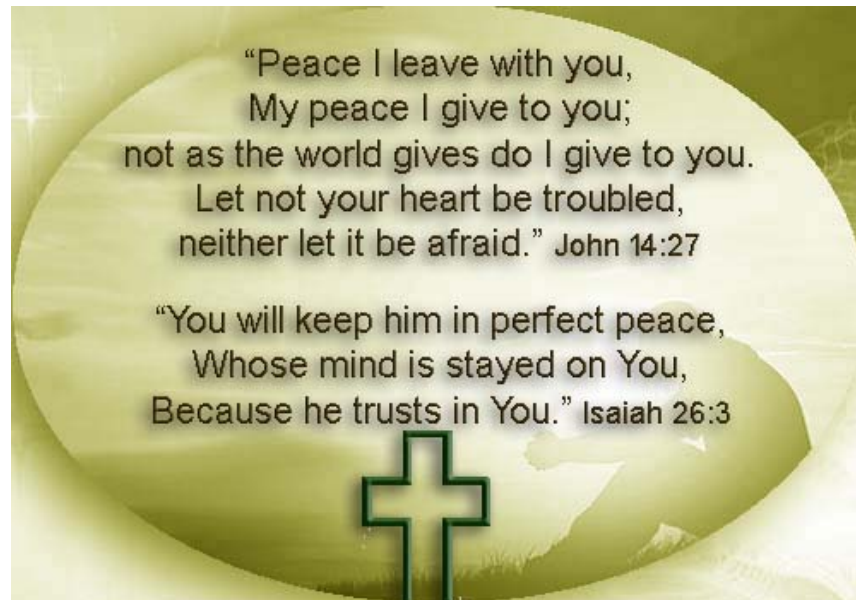


The apostle Paul said in Romans 12:2, “And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what *is* that good and acceptable and perfect will of God.” Then Peter said, “Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour.” 1Peter 5:8. And James added, “Therefore submit to God. Resist the devil and he will flee from you.” James 4:7.

It comes down to this: The enemy always tries to attack us in our weaknesses. However, God does provide us with the power to defend ourselves against such attacks. As with soldiers at war, God gave us an armor, as described in Ephesians 6. Amongst others, they include the belt of truth, to protect us against doubt produced by the lies of the enemy; the shield of faith, to overcome the darts of fear; and the Sword of the Spirit, God’s Word, to fend off the temptations of the world.

Let’s not use our bibles as a decoration on our bookshelves, nor allow the temptations of the world to dwell in our hearts, but rather let’s wear our armor 24/7, and let God be our protection against temptations, doubt and fear. “But as for me, I trust in You, O LORD.” Ps. 31:14

You may reproduce part of the content of this website for non-commercial purposes only. May not be reproduced or featured on any other websites without permission of “Christ At The Helm” author. For additional information or to obtain permissions, contact: [christatthehelm1@gmail.com](mailto:christatthehelm1@gmail.com)



Whether it is through being rejected by people, even by loved ones, or the challenges and trials of life, the enemy consistently uses those weapons to create doubt and fear in our lives. Isaiah 54:17 says, "No weapon formed against you shall prosper." In essence, if we trust God, He is always present to sustain us through any trial. Joshua 1:9 added, "Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the LORD your God *is* with you wherever you go."

Jesus knew we would need help once He went back to the Father, and said this: "But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you." John 14:26. This powerful statement from Jesus points to the Holy Spirit as the One who can bring encouragement and answers to our trials and challenges, by reminding us of what Jesus taught. It entails however that we must know what Christ's teachings were, and it only can be achieved through immersing ourselves in and study His Word.

Therefore, let's focus and keep feeding our minds on His Word, the very source of peace that is available to us at all times.

You may reproduce part of the content of this website for non-commercial purposes only. May not be reproduced or featured on any other websites without permission of "Christ At The Helm" author. For additional information or to obtain permissions, contact: [christatthehelm1@gmail.com](mailto:christatthehelm1@gmail.com)